



**Karolinska  
Institutet**

Karolinska Institutet

<http://openarchive.ki.se>

---

This is a Peer Reviewed Accepted version of the following article, accepted for publication in **Psychiatric Genetics**.

2013-06-24

# Association between ASMT and autistic-like traits in children from a Swedish nationwide cohort

Jonsson, Lina; Anckarsäter, Henrik; Zettergren, Anna; Westberg, Lars; Walum, Hasse; Lundström, Sebastian; Larsson, Henrik; Lichtenstein, Paul; Melke, Jonas

---

Psychiatr Genet. 2014 Feb;24(1):21-7.

<http://doi.org/10.1097/YPG.0000000000000010>

<http://hdl.handle.net/10616/41630>

*If not otherwise stated by the Publisher's Terms and conditions, the manuscript is deposited under the terms of the Creative Commons Attribution-NonCommercial-NoDerivatives License (<http://creativecommons.org/licenses/by-nc-nd/4.0/>), which permits non-commercial re-use, distribution, and reproduction in any medium, provided the original work is properly cited, and is not altered, transformed, or built upon in any way.*

# Psychiatric Genetics

## ASSOCIATION BETWEEN ASMT AND AUTISTIC-LIKE TRAITS IN CHILDREN FROM A SWEDISH NATIONWIDE COHORT --Manuscript Draft--

Manuscript Number:	PG-D-13-00011R1
Full Title:	ASSOCIATION BETWEEN ASMT AND AUTISTIC-LIKE TRAITS IN CHILDREN FROM A SWEDISH NATIONWIDE COHORT
Article Type:	Original Study
Keywords:	Autism spectrum disorders, Autistic-like traits, Melatonin, ASMT, Polymorphism
Corresponding Author:	Lina Jonsson, MSc Neuroscience and Psychology, Sahlgrenska Academy Gothenburg, SWEDEN
Corresponding Author Secondary Information:	
Corresponding Author's Institution:	Neuroscience and Psychology, Sahlgrenska Academy
Corresponding Author's Secondary Institution:	
First Author:	Lina Jonsson, MSc
First Author Secondary Information:	
Order of Authors:	Lina Jonsson, MSc
	Henrik Anckarsäter, Prof.
	Anna Zettergren, PhD
	Lars Westberg, PhD
	Hasse Walum, PhD
	Sebastian Lundström, PhD
	Henrik Larsson, PhD
	Paul Lichtenstein, Prof.
	Jonas Melke, PhD
Order of Authors Secondary Information:	
Abstract:	<p>Persons with autism spectrum disorders (ASDs) often display low levels of melatonin, and it has been suggested that this decrease may be due to low activity of the acetylserotonin O-methyltransferase (ASMT), the last enzyme in the melatonin synthesis pathway. Moreover, genetic variants in ASMT have been associated with autism, as well as with low ASMT activity and melatonin levels, suggesting that the low ASMT activity observed in autism may partly be due to variation within the ASMT gene. In this study, we present a symptom-based approach to investigate possible associations between ASMT and autistic-like traits (ALTs) in the general population. To this end, continuous measures of ALTs were assessed in a nationally representative twin cohort (n=1771) from Sweden and six Single Nucleotide Polymorphisms (SNP) and a duplication of exon 2 to 8 in ASMT were genotyped. Our results show a nominally significant association, in girls, between one SNP (rs5949028) in the last intron of ASMT and social interaction impairments. No significant association, however, was observed with traits related to language impairment or restricted and repetitive behavior. In conclusion, our results support the possible involvement of the ASMT gene in ASDs and our finding that only one of three traits shows association suggests that genetic research may benefit from taking a symptom-specific approach to identify genes involved in autism psychopathology.</p>

# ASSOCIATION BETWEEN ASMT AND AUTISTIC-LIKE TRAITS IN CHILDREN FROM A SWEDISH NATIONWIDE COHORT

L. Jonsson<sup>\*,a</sup>, H. Anckarsäter<sup>b</sup>, A. Zettergren<sup>a</sup>, L. Westberg<sup>a</sup>, H. Walum<sup>c</sup>, S. Lundström<sup>b,d,e</sup>, H. Larsson<sup>c</sup>, P. Lichtenstein<sup>c</sup>, J. Melke<sup>a</sup>

<sup>a</sup> Institute of Neuroscience and Physiology at the Sahlgrenska Academy, Department of Pharmacology, University of Gothenburg, Sweden.

<sup>b</sup> Institute of Neuroscience and Physiology at the Sahlgrenska Academy, Department of Forensic Psychiatry, University of Gothenburg, Sweden

<sup>c</sup> Karolinska Institutet, Department of Medical Epidemiology and Biostatistics, Stockholm, Sweden.

<sup>d</sup> Swedish Prison and probation service, R&D unit, Gothenburg, Sweden

<sup>e</sup> Gillberg Neuropsychiatry Centre, Institute of Neuroscience and Physiology, University of Gothenburg, Sweden

\*Corresponding author: L. Jonsson, MSc. Institute of Neuroscience and Physiology at the Sahlgrenska Academy, Department of Pharmacology, University of Gothenburg, POB 431, SE 405 30 Gothenburg, Sweden. E-mail: [lina.jonsson@neuro.gu.se](mailto:lina.jonsson@neuro.gu.se)

*Running title: ASMT and autistic-like traits*

*Conflicts of Interest and Source of Funding: none declared*

*Word count:*

Abstract: 219 words

Introduction: 672 words

Discussion: 876 words

## Abstract

Persons with autism spectrum disorders (ASDs) often display low levels of melatonin, and it has been suggested that this decrease may be due to low activity of the acetylserotonin O-methyltransferase (ASMT), the last enzyme in the melatonin synthesis pathway. Moreover, genetic variants in *ASMT* have been associated with autism, as well as with low ASMT activity and melatonin levels, suggesting that the low ASMT activity observed in autism may partly be due to variation within the *ASMT* gene. In this study, we present a symptom-based approach to investigate possible associations between *ASMT* and autistic-like traits (ALTs) in the general population. To this end, continuous measures of ALTs were assessed in a nationally representative twin cohort (n=1771) from Sweden and six Single Nucleotide Polymorphisms (SNP) and a duplication of exon 2 to 8 in *ASMT* were genotyped. Our results show a nominally significant association, in girls, between one SNP (rs5949028) in the last intron of *ASMT* and social interaction impairments. No significant association, however, was observed with traits related to language impairment or restricted and repetitive behavior. In conclusion, our results support the possible involvement of the *ASMT* gene in ASDs and our finding that only one of three traits shows association suggests that genetic research may benefit from taking a symptom-specific approach to identify genes involved in autism psychopathology.

**Keywords:** Autism spectrum disorders, Autistic-like traits, Melatonin, ASMT, Polymorphism

## 1 Introduction

2 The most prominent characteristics of autism spectrum disorders (ASDs) are impairments in  
3 social interaction and communication, language impairments, and repetitive behaviors [1].

4 The notion that ASD represents a spectrum of impairments is, to a large extent, recognized  
5 among both clinicians and researchers (Wing, 1988). Studies of autistic-like traits (ALTs)  
6 have suggested that an ASD diagnosis represents the extreme lower end of normally  
7 distributed abilities for social communication (Constantino *et al.*, 2004, Posserud *et al.*, 2006).  
8 Moreover, ALTs and ASDs have been shown to share common genetic influences  
9 (Lundstrom *et al.*, 2012, Robinson *et al.*, 2011). A theoretical partition into three dimensions  
10 of autism, i.e. restricted and repetitive behavior, impairments in social communication and  
11 language impairments, has been confirmed in several studies (*for review see* (Happé and  
12 Ronald, 2008)), and these dimensions have been shown to be influenced by separate genetic  
13 factors when investigated in the general population (Ronald *et al.*, 2011). Moreover it has  
14 been demonstrated that girls and boys display different ALTs, both among children with ASD  
15 (Mandy *et al.*, 2012) and among those children that do not meet diagnostic criteria for ASD  
16 (Dworzynski *et al.*, 2012).

17 Melatonin is involved in circadian rhythm regulation, including the sleep/wake cycle, but it  
18 also has an array of other functions, such as regulation of immune responses and  
19 neurodevelopmental processes (Stehle *et al.*, 2011). It is released mainly by the pineal gland  
20 during the night and is produced by the conversion of serotonin to N-acetylserotonin by the  
21 enzyme arylalkylamine N-acetyltransferase (AA-NAT) followed by the conversion of N-  
22 acetylserotonin to melatonin by acetylserotonin methyltransferase (ASMT). AA-NAT is  
23 generally considered to be the rate-limiting enzyme but recent studies have suggested that  
24 variable expression of ASMT has an important effect on the regulation of melatonin synthesis  
25 in humans (Maronde *et al.*, 2011), and that the rate-limiting role partly is taken over by

ASMT during night (Liu and Borjigin, 2005). Melatonin is often used to treat sleep impairments in persons with ASD (Rossignol and Frye, 2011, Malow *et al.*, 2011) and low melatonin levels in ASD have been reported by numerous studies (Ritvo *et al.*, 1993, Nir *et al.*, 1995, Miyamoto *et al.*, 1999, Yamashita *et al.*, 1999, Kulman *et al.*, 2000, Tordjman *et al.*, 2005, Melke *et al.*, 2008, Mulder *et al.*, 2010, Tordjman *et al.*, 2012). In connection to the major hypotheses put forth for autism etiology, *i.e.*, neural growth (Torres-Farfan *et al.*, 2009) and synapse formation (Ishida *et al.*, 2005), melatonin has been demonstrated to modulate neurite outgrowth in cultured neuronal cells (Lavebratt *et al.*, 2010). Taken together, previous findings hence suggest that an impaired melatonin synthesis and/or secretion may be associated with ASDs and related phenotypes. Indeed, it has been demonstrated that the melatonin deficit in persons with autism correlates with low activity of the ASMT enzyme, and, in some patients, are associated with mutations in the *ASMT* gene (Melke *et al.*, 2008). In addition, rare functional mutations in *ASMT* have been identified in persons with ASD (Wang *et al.*, 2013, Jonsson *et al.*, 2010, Toma *et al.*, 2007). Moreover, it has been demonstrated that polymorphisms in the promoter region of *ASMT* influences mRNA transcription and are associated with ASDs (Melke *et al.*, 2008). However, negative results from association studies of *ASMT* polymorphisms have also been published (Toma *et al.*, 2007, Holt *et al.*, 2010, Wang *et al.*, 2013) and none of the Single Nucleotide Polymorphisms (SNP) in *ASMT* reached genome-wide statistical significance for association in the study by Anney *et al.* (Anney *et al.*, 2010); the only large, genome wide, association study (GWA) on ASD that has included the *ASMT* gene. In addition to the results from mutation screening and association studies, a microduplication (~18 kb) has been identified in the *ASMT* gene and found to be significantly more common in ASDs (5.8%) than in controls (1.6%) (Cai *et al.*, 2008).

1 Based on previous suggestions of *ASMT* as a candidate gene for autism susceptibility, we  
2 have investigated the possible association between polymorphisms in the *ASMT* gene and  
3 autistic-like traits in children from the general population.

## Materials and methods

### *Subjects*

The Child and Adolescent Twin Study in Sweden (CATSS) is a nationwide cohort that focuses on all Swedish twins turning 9 or 12 years since 2004 (Anckarsater *et al.*, 2011). The CATSS study has an 80% response rate, making it a highly representative population sample (Anckarsater *et al.*, 2011). Data is currently available on 12,446 children:  $n=5944$  for 9-year-olds and 6496 for 12-year-olds. The present study used genetic material from the first DNA collection from CATSS (both 9- and 12-year-olds) including information from 1771 subjects in total (887 girls and 884 boys). Notably, since the sample is recruited from the general population, it includes the full variation of ALTs, *i.e.*, also subjects meeting the criteria for clinical diagnoses of ASD and other neuropsychiatric disorders. Moreover, the focus of our study was to investigate the possible influence of common genetic variation in *ASMT* on ALTs. Hence, 24 subjects were excluded from the analyses due to documented brain damage (most commonly cerebral palsy) or a known genetic syndrome (most commonly Down's syndrome but also fragile X syndrome) since individuals with these conditions are well known to display a high degree of autism-related symptoms (Zafeiriou *et al.*, 2007). The total number of subjects included in the statistical analyses is hence 1747 and consist of 357 monozygotic twin (MZ) pairs, 500 dizygotic (DZ) twin pairs and 33 subjects without their co-twin. To determine twin zygosity a panel of 47 SNPs were used (Hannelius *et al.*, 2007). Notably, although all statistical analyses (see below) were adjusted for kinship, the population is analyzed as a representative sample of children from the general population in Sweden. The CATSS study has ethical approval from the Karolinska Institute Ethical Review Board, and informed consent was obtained from the participants.

### *Measurements*

Parents of all twins were contacted when their twins turned 9 or 12 years and asked to



participate in a telephone interview containing, among other instruments, the Autism–Tics, Attention-Deficit/Hyperactivity Disorder (AD/HD), and Other Co-morbidities inventory (A-TAC) (Hansson *et al.*, 2005, Larson *et al.*, 2010). The A-TAC is a sensitive tool for screening the general population for child autism spectrum disorders and associated conditions and can also be used as a dimensional measure (Larson *et al.*, 2010). ALTs were measured by 17 items in the A-TAC, including 12 questions specifically addressing the DSM-IV symptom criteria for autistic disorder. Each of the 17 items has three response categories; "no" (coded 0), "yes, to some extent" (coded 0.5), and "yes" (coded 1.0). The measure of total ASD scores is the sum of the 17 A-TAC items related to autism/ASD. Out of these items, six correspond to the language impairment, six to the social interaction impairment and five to the restricted and repetitive behavior module. The A-TAC is freely available from the Internet as an appendix to the published article by Larson *et al.* (2010). The A-TAC has previously been used as a dimensional measure of autistic-like traits in genetic association studies (Walum *et al.*, 2012, Molero *et al.*, 2013) and in several studies to investigate the heritability of (Lundstrom *et al.*, 2012), and relation between, different neurodevelopmental and behavioral problems in children from the general population (Anckarsater *et al.*, 2008, Lundstrom *et al.*, 2011, Lichtenstein *et al.*, 2010). In addition, the A-TAC questionnaire have been shown to be a valid instrument to screen for and to identify cases of ASD and overlapping neuropsychiatric/developmental disorders (Larson *et al.*, 2010).

#### *Polymorphism selection and genotyping*

DNA was extracted from saliva samples using OraGene® DNA self-collection kit (DNA Genotek, Inc., Ottawa, Ontario, Canada). Six SNPs in the *ASMT* gene (table 1) were genotyped with the Kompetitive Allele Specific PCR (KASP™) genotyping system (LGC, Kbiosciences, Herts, UK). To select SNPs for association analyses, genotyping data for the *ASMT* gene (including 1kb up- and downstream of the coding region) was downloaded from

the International Haplotype Mapping Project web site (<http://www.hapmap.org>) for the Caucasian population with European ancestry from the Centre d'etude du polymorphisme humain (CEPH) collection. The data was then incorporated into the Haploview program and the Tagger function within Haploview was used to assign Tag SNPs (Gustafsson *et al.*, 2011). Six SNPs in the *ASMT* gene (rs1128551, rs6644777, rs4446909, rs5989681, rs6588809, and rs5949028) were chosen, by pairwise tagging, to capture the common variations within these genes and the surrounding area with a minimum  $r^2$  of 0.80 (for their location and the SNPs which they tag). SNPs rs4446909 and rs5989681 were force-included based on previous findings (Melke *et al.*, 2008) and the missense SNP rs6588809 in exon 7 of the gene was force-included based on its possible function role. SNPs with a minor allele frequency (MAF) >0.2 in the Caucasian sample were chosen to ensure adequate power given our sample size, which was fixed by external limitations prior to the study. Linkage disequilibrium (LD) in our population, measured by D' values, between the six SNPs are presented in table 2. All SNPs were found to be in Hardy Weinberg Equilibrium ( $p > 0.01$ ), which was calculated by using one subject in each MZ twin pair and both subjects from the DZ twin pairs. The genotyping success rate was over 94% (table 1).

Analysis of the copy number variation in the *ASMT* gene was performed using quantitative polymerase chain reaction (q-PCR). One probe in exon six was chosen based on previous findings showing a duplication in this region in the *ASMT* gene (Cai *et al.*, 2008). The q-PCR-probe was designed using GeneAssist™ Copy Number Assay Workflow Builder (Applied Biosystems) and the reference assay used was the TaqMan® Copy Number Reference Assay RNase P. The assay was run in duplicates and three calibrator samples were used. qPCR analysis was performed using 7900HT Sequence detection system Software v2.4 (Applied Biosystems) and CopyCaller® (Applied Biosystems) was used to analyze the copy number variation results. The genotyping of the duplication had a success rate of over 93% (table 1).

## Statistical analysis

Statistical association between six SNPs and the duplication in the *ASMT* gene and continuous measures of ALTs, including the A-TAC modules restricted and repetitive behavior, language impairment and social interaction impairment, were estimated using linear mixed effect models in the MIXED procedure (PROC MIXED) of SAS 9.3 (SAS Institute, Inc., Cary, NC). This model allowed us to adjust for the dependent nature of the twin observations i.e., A-TAC scores from all genotyped subjects were included in the analyses. Specifically, given that MZ twins, on average, share 100% of their genome while DZ twins only share 50% of their genome, and that MZ twins are more similar than DZ twins in ALT scores (Lundstrom *et al.*, 2012), we specified two separate variance-covariance matrices for MZ twins and for DZ twins. The sample size also made it possible to analyze girls and boys separately. Significant p-values were corrected for analyses of six SNPs and three A-TAC domains, using Bonferroni correction for multiple testing. Association analysis of the duplication in the *ASMT* gene was only performed with regards to the total ALT, i.e., not with each module of ALTs nor sex-specific analysis, due to the low frequency of the duplication.

The G\*Power software was used to assess effect-size calculations and post-hoc power analysis for the association analyses of the six SNPs and the duplication in the *ASMT* gene. These analyses are based on a significant p-value ( $0.05/18=0.0028$ ) corrected for six SNPs and three A-TAC modules for the total population, i.e., not corrected for kinship, and for the sex specific analyses.

## Results

Association analyses of the six *ASMT* SNPs and A-TAC scores revealed a significant association, in girls, between an intronic SNP (rs5949028, MAF=0.4) and social interaction impairment ( $p=0.0023$ ,  $\eta^2=0.015$ ), where the C-allele carriers were shown to have higher scores (table 3). Although we did not see significant association between rs5949028 and the two other modules, we could see a trend showing that female C-allele carriers also had higher scores on restricted and repetitive behavior ( $p=0.052$ ). We did not see any significant associations between the other SNPs and A-TAC scores, however, we could see a trend that girls carrying the G-allele of one of the promoter SNPs (rs4446909) had higher scores on language impairment ( $p=0.074$ ). No significant associations for any of the studied SNPs were observed in boys. In our study, we had a power of 80% to detect small effect-sizes ( $\eta^2=0.01$ ) and a power of 100% to detect medium to large effect sizes ( $\eta^2>0.06$ ) for analyses in the total population. For the sex-specific analyses we had a power of 36% to detect small effect-sizes and a power of 100% to detect medium to large effect sizes. Effect sizes were determined according to Cohen's conventional criteria (Zafeiriou *et al.*, 2007).

In our study, we also investigated a microduplication of exon 2 to 8 in the *ASMT* gene, which was found in 27 individuals (1.7%) in our population. All these individuals were shown to have one extra copy of the region investigated, except for one monozygotic twin pair who had two extra copies. This duplication was analyzed with respect to total ASD scores, although no significant associations could be shown ( $p=0.662$ ). For this analysis, we had a power of 98% in our total sample to detect small effect sizes ( $\eta^2>0.01$ ).

## Discussion

Biochemical studies have provided evidence for the importance of melatonin in autism related phenotypes. In addition, both mutation screenings (Toma *et al.*, 2007, Melke *et al.*, 2008) and association studies (Melke *et al.*, 2008) have implicated the *ASMT* gene in ASD. The results

from the present study tentatively suggest an association between an intronic *ASMT* polymorphism (rs5949028) and ALTs in children from the general population. Our results do not suggest a major involvement of this polymorphism in ASD since the association was only observed in girls and the effect size of the studied SNP on social interaction impairment scores was small ( $\eta^2 = 0.015$ ). Previously, the rs5949028 has been investigated in one case-control study of ASD (Holt *et al.*, 2010), with negative results and this polymorphism has not been genotyped in any of the large GWAs targeting common variants affecting risk for ASDs (Anney *et al.*, 2010, Wang *et al.*, 2009, Weiss *et al.*, 2009). Notably, of the large GWAs on ASDs, only Anney and coworkers (Anney *et al.*, 2010) uses a genotyping array (Illumina's 1M Beadchip) that includes any SNPs in the *ASMT* gene at all. In their study, none of the five *ASMT* polymorphisms analyzed reached genome-wide significance for association with ASDs (Anney *et al.*, 2010). However, neither the SNPs investigated in our study, nor the SNPs that have been significantly associated with ASD in previous studies (Melke *et al.*, 2008), were genotyped (Anney *et al.*, 2010). To the best of our knowledge, only one genome wide study investigating dimensional measures of autistic-like traits has been published (Ronald *et al.*, 2010), however, the genotyping array (Affymetrix 500K) used in this study does not genotype any SNPs in *ASMT*.

None of the promoter SNPs (rs4446909 and rs5989681) previously associated with ASD were found to influence ALTs in our study. However, in line with previous findings, we could see that carriers of the G-allele of rs4446909 had slightly higher scores for language impairments in girls ( $p=0.074$ ).

The result that different SNPs in *ASMT* have been associated in different studies may be due to limited gene coverage or variation in LD-patterns between samples. It is, however, also possible that the promoter SNPs indeed are associated with more severe phenotypic expressions of autism, *i.e.*, ASD diagnosis, whereas the SNP (rs5949028) in our study is more

1 associated with social behavior in the general population.

2 Recently, further support for an involvement of the *ASMT* gene in ASD was presented in a  
3 Multiplex Ligation-dependent Probe Amplification (MLPA) study showing that a duplication  
4 in the *ASMT* gene was significantly more common in ASDs, as compared to controls (Cai *et*  
5 *al.*, 2008), suggesting that the expression of the ASMT protein may be altered in persons with  
6 ASD. In our study, however, we could not observe any significant association between this  
7 duplication and measures of ALTs.

8 The A-TAC questionnaire and the relatively large sample size permitted us to investigate the  
9 different dimensions of ALTs separately, revealing association between the *ASMT* gene and  
10 traits related to impairments in social interaction but neither with restricted/repetitive behavior  
11 nor symptoms related to language impairments. Our findings are hence in line with the notion  
12 that the different ALTs are influenced by separate sets of genes (Ronald *et al.*, 2011).

13 The large proportion of female subjects in our study also allowed us to analyze boys and girls  
14 separately, which is often not possible in case-control studies with low prevalence of girls  
15 with ASDs. The significant association for girls in our study is in line with the suggestion  
16 that different mechanisms are involved in ASDs for males and females (Lai *et al.*, 2011). In  
17 addition, it has also been suggested that the ASD phenotype differ between boys and girls,  
18 and attempts have been made to modify current diagnostic manuals for a sex specific  
19 diagnostic criteria (Kopp and Gillberg, 2011).

20 There are limitations of our study. Most importantly, our sample size is moderate and the  
21 small effect size of the *ASMT* polymorphism on ALTs observed in this study obviously does  
22 not mean that this polymorphism may serve as a predictor for autism psychopathology.  
23 Hence, our results should be interpreted with caution and either previous findings, or our

1 results, may be coincidental findings. In addition, the associated polymorphism has, to our  
2 knowledge, not been investigated functionally, and the intronic position does not implicate a  
3 functional effect on the *ASMT* protein. Our finding may thus reflect an indirect association,  
4 *i.e.*, the associated polymorphism could be partly in linkage disequilibrium with a more rare  
5 functional variant. However, by demonstrating a modest but significant influence of a SNP in  
6 the *ASMT* gene on an autism related phenotype, our results support the possible involvement  
7 of *ASMT* as a risk factor for autism susceptibility. Our results also show that not all traits of  
8 autism are associated with the investigated gene, suggesting that genetic research may benefit  
9 from taking a symptom-specific approach to finding genes associated with autism related  
10 phenotypes. In addition, the association appears in girls only, further emphasizing the  
11 importance of sex-specific analyses in studies of ASDs. Finally, in our study, no association  
12 between the duplication of *ASMT* and autism was found. However, the low frequency of this  
13 duplication requires association studies in larger samples and to elucidate its role in autism  
14 psychopathology, functional studies are highly warranted.

#### 15 **Conflict of interest**

16 There are no conflict of interest.

## References

- AMERICAN PSYCHIATRIC ASSOCIATION. Diagnostic and Statistical Manual of Mental Disorders. 4 (DSM-IV). American Psychiatric Association, Washington, DC, 1994.
- Anckarsater, H, Larson, T, Hansson, SL, Carlstrom, E, Stahlberg, O, Gillberg, C, *et al.* (2008). Child Neurodevelopmental and Behavioural Problems are Intercorrelated and Dimensionally Distributed in the General Population. *Open psychiatry J.*, 2, 5-11.
- Anckarsater, H, Lundstrom, S, Kollberg, L, Kerekes, N, Palm, C, Carlstrom, E, *et al.* (2011). The Child and Adolescent Twin Study in Sweden (CATSS). *Twin Research and Human Genetics*, 14, 495-508.
- Anney, R, Klei, L, Pinto, D, Regan, R, Conroy, J, Magalhaes, TR, *et al.* (2010). A genome-wide scan for common alleles affecting risk for autism. *Hum Mol Genet*, 19, 4072-82.
- Cai, G, Edelmann, L, Goldsmith, JE, Cohen, N, Nakamine, A, Reichert, JG, *et al.* (2008). Multiplex ligation-dependent probe amplification for genetic screening in autism spectrum disorders: efficient identification of known microduplications and identification of a novel microduplication in ASMT. *BMC Med Genomics*, 1, 50.
- Constantino, JN, Gruber, CP, Davis, S, Hayes, S, Passanante, N & Przybeck, T (2004). The factor structure of autistic traits. *J Child Psychol Psychiatry*, 45, 719-26.
- Dworzynski, K, Ronald, A, Bolton, P & Happe, F (2012). How different are girls and boys above and below the diagnostic threshold for autism spectrum disorders? *J Am Acad Child Adolesc Psychiatry*, 51, 788-97.
- Gustafsson, PA, Gustafsson, PE, Anckarsater, H, Lichtenstein, P, Ljung, T, Nelson, N, *et al.* (2011). Heritability of cortisol regulation in children. *Twin Res Hum Genet*, 14, 553-61.
- Hannellius, U, Gherman, L, Makela, VV, Lindstedt, A, Zucchelli, M, Lagerberg, C, *et al.* (2007). Large-scale zygosity testing using single nucleotide polymorphisms. *Twin Res Hum Genet*, 10, 604-25.
- Hansson, SL, Svanstrom Rojvall, A, Rastam, M, Gillberg, C & Anckarsater, H (2005). Psychiatric telephone interview with parents for screening of childhood autism - tics, attention-deficit hyperactivity disorder and other comorbidities (A-TAC): preliminary reliability and validity. *Br J Psychiatry*, 187, 262-7.
- Happe, F & Ronald, A (2008). The 'fractionable autism triad': a review of evidence from behavioural, genetic, cognitive and neural research. *Neuropsychol Rev*, 18, 287-304.
- Holt, R, Barnby, G, Maestrini, E, Bacchelli, E, Brocklebank, D, Sousa, I, *et al.* (2010). Linkage and candidate gene studies of autism spectrum disorders in European populations. *Eur J Hum Genet*, 18, 1013-9.
- Ishida, A, Mutoh, T, Ueyama, T, Bando, H, Masubuchi, S, Nakahara, D, *et al.* (2005). Light activates the adrenal gland: timing of gene expression and glucocorticoid release. *Cell Metab*, 2, 297-307.
- Jonsson, L, Ljunggren, E, Bremer, A, Pedersen, C, Landen, M, Thuresson, K, *et al.* (2010). Mutation screening of melatonin-related genes in patients with autism spectrum disorders. *BMC Med Genomics*, 3, 10.
- Kopp, S & Gillberg, C (2011). The Autism Spectrum Screening Questionnaire (ASSQ)-Revised Extended Version (ASSQ-REV): an instrument for better capturing the autism phenotype in girls? A preliminary study involving 191 clinical cases and community controls. *Res Dev Disabil*, 32, 2875-88.
- Kulman, G, Lissoni, P, Rovelli, F, Roselli, MG, Brivio, F & Sequeri, P (2000). Evidence of pineal endocrine hypofunction in autistic children. *Neuro Endocrinol Lett*, 21, 31-34.



- 1 Lai, MC, Lombardo, MV, Pasco, G, Ruigrok, AN, Wheelwright, SJ, Sadek, SA, *et al.* (2011).
- 2 A behavioral comparison of male and female adults with high functioning autism
- 3 spectrum conditions. *PLoS One*, 6, e20835.
- 4 Larson, T, Anckarsater, H, Gillberg, C, Stahlberg, O, Carlstrom, E, Kadesjo, B, *et al.* (2010).
- 5 The autism--tics, AD/HD and other comorbidities inventory (A-TAC): further
- 6 validation of a telephone interview for epidemiological research. *BMC Psychiatry*, 10,
- 7 1.
- 8 Lavebratt, C, Sjöholm, LK, Soronen, P, Paunio, T, Vawter, MP, Bunney, WE, *et al.* (2010).
- 9 CRY2 is associated with depression. *PLoS One*, 5, e9407.
- 10 Lichtenstein, P, Carlstrom, E, Rastam, M, Gillberg, C & Anckarsater, H (2010). The genetics
- 11 of autism spectrum disorders and related neuropsychiatric disorders in childhood. *Am*
- 12 *J Psychiatry*, 167, 1357-63.
- 13 Liu, T & Borjigin, J (2005). N-acetyltransferase is not the rate-limiting enzyme of melatonin
- 14 synthesis at night. *J Pineal Res*, 39, 91-6.
- 15 Lundstrom, S, Chang, Z, Kerekes, N, Gumpert, CH, Rastam, M, Gillberg, C, *et al.* (2011).
- 16 Autistic-like traits and their association with mental health problems in two
- 17 nationwide twin cohorts of children and adults. *Psychol Med*, 41, 2423-33.
- 18 Lundstrom, S, Chang, Z, Rastam, M, Gillberg, C, Larsson, H, Anckarsater, H, *et al.* (2012).
- 19 Autism Spectrum Disorders and Autisticlike Traits Similar Etiology in the Extreme
- 20 End and the Normal Variation. *Archives of General Psychiatry*, 69, 46-52.
- 21 Malow, B, Adkins, KW, McGrew, SG, Wang, L, Goldman, SE, Fawkes, D, *et al.* (2011).
- 22 Melatonin for Sleep in Children with Autism: A Controlled Trial Examining Dose,
- 23 Tolerability, and Outcomes. *J Autism Dev Disord*.
- 24 Mandy, W, Chilvers, R, Chowdhury, U, Salter, G, Seigal, A & Skuse, D (2012). Sex
- 25 differences in autism spectrum disorder: evidence from a large sample of children and
- 26 adolescents. *J Autism Dev Disord*, 42, 1304-13.
- 27 Maronde, E, Saade, A, Ackermann, K, Goubran-Botros, H, Pagan, C, Bux, R, *et al.* (2011).
- 28 Dynamics in enzymatic protein complexes offer a novel principle for the regulation of
- 29 melatonin synthesis in the human pineal gland. *J Pineal Res*, 51, 145-55.
- 30 Melke, J, Goubran Botros, H, Chaste, P, Betancur, C, Nygren, G, Anckarsater, H, *et al.*
- 31 (2008). Abnormal melatonin synthesis in autism spectrum disorders. *Mol Psychiatry*,
- 32 13, 90-8.
- 33 Miyamoto, A, Oki, J, Takahashi, S & Okuno, A (1999). Serum melatonin kinetics and long-
- 34 term melatonin treatment for sleep disorders in Rett syndrome. *Brain Dev*, 21, 59-62.
- 35 Molero, Y, Gumpert, C, Serlachius, E, Lichtenstein, P, Walum, H, Johansson, D, *et al.*
- 36 (2013). A Study Of The Possible Association Between Adenosine A2a Receptor
- 37 (Adora2a) Gene Polymorphisms And Adhd Traits. *Genes, Brain and Behavior*, n/a-
- 38 n/a.
- 39 Mulder, EJ, Anderson, GM, Kemperman, RF, Oosterloo-Duinkerken, A, Minderaa, RB &
- 40 Kema, IP (2010). Urinary excretion of 5-hydroxyindoleacetic acid, serotonin and 6-
- 41 sulphatoxymelatonin in normoserotonemic and hyperserotonemic autistic individuals.
- 42 *Neuropsychobiology*, 61, 27-32.
- 43 Nir, I, Meir, D, Zilber, N, Knobler, H, Hadjez, J & Lerner, Y (1995). Brief report: circadian
- 44 melatonin, thyroid-stimulating hormone, prolactin, and cortisol levels in serum of
- 45 young adults with autism. *J Autism Dev Disord*, 25, 641-54.
- 46 Posserud, MB, Lundervold, AJ & Gillberg, C (2006). Autistic features in a total population of
- 47 7-9-year-old children assessed by the ASSQ (Autism Spectrum Screening
- 48 Questionnaire). *J Child Psychol Psychiatry*, 47, 167-75.

- 1 Ritvo, ER, Ritvo, R, Yuwiler, A, Brothers, A, Freeman, BJ & Plotkin, S (1993). Elevated  
2 Daytime Helatonin Concentrations in Autism: A Pilot Study. *Eur Child Adolesc*  
3 *Psychiatry*, 2, 75-78.
- 4 Robinson, EB, Koenen, KC, McCormick, MC, Munir, K, Hallett, V, Happe, F, *et al.* (2011).  
5 Evidence that autistic traits show the same etiology in the general population and at  
6 the quantitative extremes (5%, 2.5%, and 1%). *Arch Gen Psychiatry*, 68, 1113-21.
- 7 Ronald, A, Butcher, LM, Docherty, S, Davis, OS, Schalkwyk, LC, Craig, IW, *et al.* (2010). A  
8 genome-wide association study of social and non-social autistic-like traits in the  
9 general population using pooled DNA, 500 K SNP microarrays and both community  
10 and diagnosed autism replication samples. *Behav Genet*, 40, 31-45.
- 11 Ronald, A, Larsson, H, Anckarsater, H & Lichtenstein, P (2011). A twin study of autism  
12 symptoms in Sweden. *Mol Psychiatry*, 16, 1039-47.
- 13 Rossignol, DA & Frye, RE (2011). Melatonin in autism spectrum disorders: a systematic  
14 review and meta-analysis. *Dev Med Child Neurol*, 53, 783-92.
- 15 Stehle, JH, Saade, A, Rawashdeh, O, Ackermann, K, Jilg, A, Sebesteny, T, *et al.* (2011). A  
16 survey of molecular details in the human pineal gland in the light of phylogeny,  
17 structure, function and chronobiological diseases. *J Pineal Res*, 51, 17-43.
- 18 Toma, C, Rossi, M, Sousa, I, Blasi, F, Bacchelli, E, Alen, R, *et al.* (2007). Is ASMT a  
19 susceptibility gene for autism spectrum disorders? A replication study in European  
20 populations. *Mol Psychiatry*, 12, 977-9.
- 21 Tordjman, S, Anderson, GM, Bellissant, E, Botbol, M, Charbuy, H, Camus, F, *et al.* (2012).  
22 Day and nighttime excretion of 6-sulphatoxymelatonin in adolescents and young  
23 adults with autistic disorder. *Psychoneuroendocrinology*.
- 24 Tordjman, S, Anderson, GM, Pichard, N, Charbuy, H & Touitou, Y (2005). Nocturnal  
25 excretion of 6-sulphatoxymelatonin in children and adolescents with autistic disorder.  
26 *Biol Psychiatry*, 57, 134-8.
- 27 Torres-Farfan, C, Abarzua-Catalan, L, Valenzuela, FJ, Mendez, N, Richter, HG, Valenzuela,  
28 GJ, *et al.* (2009). Cryptochrome 2 expression level is critical for adrenocorticotropin  
29 stimulation of cortisol production in the capuchin monkey adrenal. *Endocrinology*,  
30 150, 2717-22.
- 31 Walum, H, Lichtenstein, P, Neiderhiser, JM, Reiss, D, Ganiban, JM, Spotts, EL, *et al.* (2012).  
32 Variation in the oxytocin receptor gene is associated with pair-bonding and social  
33 behavior. *Biol Psychiatry*, 71, 419-26.
- 34 Wang, K, Zhang, H, Ma, D, Bucan, M, Glessner, JT, Abrahams, BS, *et al.* (2009). Common  
35 genetic variants on 5p14.1 associate with autism spectrum disorders. *Nature*, 459,  
36 528-33.
- 37 Wang, L, Li, J, Ruan, Y, Lu, T, Liu, C, Jia, M, *et al.* (2013). Sequencing ASMT Identifies  
38 Rare Mutations in Chinese Han Patients with Autism. *PLoS One*, 8, e53727.
- 39 Weiss, LA, Arking, DE, Daly, MJ & Chakravarti, A (2009). A genome-wide linkage and  
40 association scan reveals novel loci for autism. *Nature*, 461, 802-8.
- 41 Wing, L 1988. The continuum of autistic characteristics. In: SCHOPLER, E. & MESIBOV,  
42 G. (eds.) *Diagnosis and Assessment in Autism*. New York: Plenum.
- 43 Yamashita, Y, Matsuishi, T, Murakami, Y & Kato, H (1999). Sleep disorder in Rett syndrome  
44 and melatonin treatment. *Brain Dev*, 21, 570.
- 45 Zafeiriou, DI, Ververi, A & Vargiami, E (2007). Childhood autism and associated  
46 comorbidities. *Brain Dev*, 29, 257-72.

## 1    **Acknowledgements**

2    We are grateful to the study participants and their relatives who have made this study possible.  
3    Technicians Gunilla Bourghardt and Inger Oscarsson are warmly thanked for their skilful  
4    assistance. This work has been supported by the Swedish Research Council, the Swedish  
5    Council for Working Life and Social Research, The Petrus and Augusta Hedlund Foundation,  
6    Åke Wiberg foundation, Åhlens Foundation, Wilhelm and Martina Lundgren Foundation, and  
7    the Sahlgrenska Academy. We would also like to thank the Genomics Core Facility platform  
8    at the Sahlgrenska Academy, University of Gothenburg.

9

# 1 Tables

2 **Table 1.** Polymorphisms genotyped in *ASMT*.

Polymorphism	Location	MAF	Alleles	Genotyping success rate
rs1128551	5'	0.45	C/T	0.94
rs6644777	5'	0.28	A/G	0.95
rs4446909	5'	0.20	A/G	0.94
rs5989681	5'	0.24	C/G	0.99
rs6588809	Exon 7	0.41	C/T	0.98
rs5949028	intron 9	0.39	T/C	0.94
Duplication	Exon 2-8	0.01	DUP/no DUP	0.93

3  
4

1 **Table 2.** Linkage disequilibrium (LD), measured by D' values, between the six SNPs in *ASMT*.

	<b>rs1128551</b>	<b>rs6644777</b>	<b>rs4446909</b>	<b>rs5989681</b>	<b>rs5949028</b>	<b>rs6588809</b>
<b>rs1128551</b>	-	0.007	0.009	0.001	0.092	0.017
<b>rs6644777</b>	0.007	-	0.502	0.531	0.202	0.016
<b>rs4446909</b>	0.009	0.502	-	0.979	0.005	0.036
<b>rs5989681</b>	0.001	0.531	0.979	-	0.057	0.004
<b>rs5949028</b>	0.092	0.202	0.005	0.057	-	0.262
<b>rs6588809</b>	0.017	0.016	0.036	0.004	0.262	-

**Table 3.** Autistic-like traits, as assessed with the A-TAC, by *ASMT* genotypes.

	Restricted & repetitive behavior			Language impairment			Social interaction impairment		
	<i>Mean A-TAC score (SD)</i>			<i>Mean A-TAC score (SD)</i>			<i>Mean A-TAC score (SD)</i>		
	All	Boys	Girls	All	Boys	Girls	All	Boys	Girls
<b>rs1128551</b>									
C/C (356)	0.26 (0.73)	0.39 (0.93)	0.15 (0.45)	0.32 (0.73)	0.44 (0.89)	0.22 (0.51)	0.35 (0.80)	0.47 (1.02)	0.24 (0.52)
C/T (783)	0.28 (0.64)	0.36 (0.73)	0.19 (0.52)	0.29 (0.62)	0.40 (0.73)	0.18 (0.46)	0.30 (0.64)	0.37 (0.71)	0.22 (0.54)
T/T (505)	0.33 (0.76)	0.43 (0.86)	0.22 (0.62)	0.37 (0.77)	0.48 (0.92)	0.26 (0.55)	0.38 (0.84)	0.47 (1.00)	0.27 (0.60)
<i>P-value</i>	0.460	0.644	0.436	0.427	0.905	0.138	0.329	0.385	0.468
<b>rs6644777</b>									
A/A (124)	0.29 (0.6)	0.40 (0.72)	0.17 (0.39)	0.39 (0.69)	0.54 (0.81)	0.22 (0.47)	0.33 (0.64)	0.43 (0.71)	0.23 (0.53)
A/G (687)	0.30 (0.73)	0.41 (0.82)	0.20 (0.60)	0.32 (0.72)	0.43 (0.86)	0.21 (0.53)	0.35 (0.78)	0.43 (0.91)	0.27 (0.61)
G/G (854)	0.29 (0.71)	0.38 (0.83)	0.20 (0.53)	0.32 (0.69)	0.41 (0.80)	0.22 (0.52)	0.32 (0.74)	0.41 (0.87)	0.23 (0.56)
<i>P-value</i>	0.950	0.970	0.934	0.623	0.552	0.936	0.570	0.898	0.814
<b>rs4446909</b>									
A/A (72)	0.15 (0.37)	0.32 (0.56)	0.05 (0.16)	0.20 (0.51)	0.50 (0.76)	0.04 (0.14)	0.19 (0.39)	0.38 (0.55)	0.10 (0.22)
A/G (517)	0.31 (0.75)	0.41 (0.89)	0.20 (0.56)	0.31 (0.70)	0.42 (0.87)	0.21 (0.44)	0.34 (0.76)	0.40 (0.91)	0.28 (0.59)
G/G (1052)	0.29 (0.69)	0.37 (0.78)	0.20 (0.57)	0.34 (0.71)	0.43 (0.80)	0.24 (0.57)	0.34 (0.74)	0.42 (0.85)	0.24 (0.58)
<i>P-value</i>	0.315	0.723	0.338	0.454	0.853	0.074	0.373	0.995	0.207
<b>rs5989681</b>									
G/G (1004)	0.29 (0.68)	0.37 (0.78)	0.20 (0.55)	0.33 (0.70)	0.41 (0.79)	0.24 (0.58)	0.32 (0.72)	0.41 (0.85)	0.24 (0.56)
G/C (618)	0.31 (0.75)	0.41 (0.87)	0.20 (0.59)	0.33 (0.70)	0.44 (0.86)	0.21 (0.45)	0.36 (0.8)	0.44 (0.93)	0.29 (0.63)
C/C (103)	0.22 (0.48)	0.45 (0.65)	0.06 (0.16)	0.30 (0.62)	0.52 (0.82)	0.14 (0.35)	0.25 (0.61)	0.47 (0.86)	0.10 (0.22)
<i>P-value</i>	0.690	0.732	0.240	0.834	0.735	0.440	0.358	0.751	0.137

**rs6588809**

C/C (284)	0.27 (0.67)	0.39 (0.82)	0.14 (0.41)	0.33 (0.67)	0.48 (0.84)	0.16 (0.33)	0.34 (0.75)	0.46 (0.93)	0.21 (0.45)
T/C (848)	0.27 (0.68)	0.33 (0.76)	0.21 (0.59)	0.29 (0.65)	0.37 (0.73)	0.22 (0.57)	0.29 (0.69)	0.35 (0.79)	0.23 (0.58)
T/T (582)	0.34 (0.75)	0.48 (0.88)	0.18 (0.54)	0.37 (0.77)	0.5 (0.93)	0.23 (0.53)	0.39 (0.81)	0.5 (0.94)	0.29 (0.62)
<i>P-value</i>	0.263	0.127	0.375	0.226	0.239	0.276	0.051	0.153	0.295

**rs5949028**

C/C (578)	0.33 (0.81)	0.41 (0.91)	0.26 (0.69)	0.37 (0.78)	0.49 (0.93)	0.25 (0.56)	0.36 (0.77)	0.39 (0.86)	0.33 (0.66)
T/C (843)	0.28 (0.64)	0.36 (0.75)	0.18 (0.47)	0.31 (0.67)	0.40 (0.79)	0.21 (0.51)	0.33 (0.75)	0.43 (0.90)	0.22 (0.53)
T/T (219)	0.23 (0.57)	0.40 (0.75)	0.06 (0.19)	0.25 (0.51)	0.37 (0.64)	0.14 (0.30)	0.27 (0.62)	0.43 (0.81)	0.12 (0.26)
<i>P-value</i>	0.269	0.649	0.052	0.097	0.128	0.137	0.383	0.930	<b>0.0023</b> <b>(P<sub>c</sub>=0.041*)</b>

---

Association analysis for all subjects, boys and girls between genotypes and the different modules of autism spectrum disorders, as assessed by the A-TAC

\*P<sub>c</sub>=p-value corrected for multiple analyses using the Bonferroni method.